



March 6, 2020

Dear Guests of Harmony Hill and Harmony Hill Community –

Now, as always, people gather at Harmony Hill to face life's challenges. We find the path through uncertainty together -- be it a cancer diagnosis, waiting for a test result, facing the unknown of COVID-19 and more. Harmony Hill is closely monitoring news from reputable agencies regarding Coronavirus and the situation is evolving rapidly with new information being updated each day.

Our staff and volunteers at Harmony Hill are being proactive to ensure a safe experience for our guests. We are deeply committed to the health and well-being of all who visit Harmony Hill. With that in mind, here is what we're doing:

- **Daily sanitation of all touched surfaces**
- **Disinfectant baskets to our guests:** These include anti-bacterial wipes and hand sanitizer.
- **Alcohol-based hand sanitizer in every shared space.**
- **Support for the Journey ahead:** As each on-site guest at Harmony Hill is navigating a personal journey; we are encouraging everyone concerned that if they are exhibiting any signs of fever, cough or shortness of breath to stay home.

If you're planning to visit Harmony Hill soon:

If you are traveling from out of the area for a program at Harmony Hill, we invite you to first review the [CDC Traveler FAQs and guidelines](#). Several airlines are adjusting their flight-change fees and penalties to allow more flexibility for travelers impacted by the Coronavirus. We ask you to stay home if you're feeling sick, especially if you have a fever, cough, or difficulty breathing.

Cancellation policy:

We ask your patience as Harmony Hill's needs and policies may adapt while this virus unfolds. While this region remains on high alert for COVID-19, we consider this a time of extreme caution and emergency. As such, **any registrant may cancel without penalty at any time—and with a full refund—if you are ill.**

If a registrant chooses to cancel due to concerns about contracting the virus while traveling or convening, the cancellation penalty will likewise be waived. In this latter case, we invite your sensitivity to the financial health of Harmony Hill and the revenue needed to ensure stewardship of our land, retreat buildings, and our team. If you wish to waive your refund and have it applied as a tax-deductible donation, we would be extremely grateful.

If your group has reserved Harmony Hill for your event: Please call Harmony Hill Executive Director, Cheryl Sesnon should your group have any questions or concerns at 360.898.2363.

Process for contacting us:

Please address your inquiries to adminoffice@harmonyhill.org. We'll be sure to route you to the team member who can best help you.

Harmony Hill is continuously looking toward our shared future: In the coming weeks and days we will remain flexible and we may look to move some of our important in-person health offerings online. Our values remain firmly grounded in compassion, connection, community resiliency, vibrant health, education and balance. Our mission remains unwavering toward the destination of *'inspiring healthy living for all and transforming the lives of those affected by cancer'*.

Grateful for you, our Harmony Hill Guests and Community,

Cheryl Sesnon

Executive Director, and the entire Harmony Hill Team

Our friend Michael Lerner reminds us, certainly we should do everything we can to protect ourselves. But that is different from living in fear. Hafiz said it well: *"Fear is the cheapest room in the house. I'd like to see you in better living conditions."*

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